



LEHIGH WOMEN'S CROSS COUNTRY

2017 TEAM RESULTS (FINAL)

Date	Meet	Distance	Time/Place/Result	Location
9/1/17	Lehigh Invitational	6K	3rd of 10	Goodman Campus
9/8/17	Lafayette Dual	6K	W, 15-50	Goodman Campus
9/22/17	Coast-to-Coast Battle in Beantown	5K	16th of 22	Boston, Mass.
9/29/17	Paul Short Run	6K	17th of 42	Goodman Campus
10/13/17	Penn State National Open	6K	14th of 17	University Park, Pa.
10/14/17	Leopard Invitational	6K	No Team Score	Easton, Pa.
10/28/17	Patriot League Championships	6K	4th of 10	Goodman Campus
11/10/17	NCAA Mid-Atlantic Regional	6K	14th of 28	Goodman Campus

Lehigh Invitational - Goodman Campus Sept. 1

OVERALL

Team Scores (94 finishers):

1. West Virginia - 23 (1, 2, 3, 4, 13)
2. Rutgers - 65 (9, 10, 11, 16, 19, 20, 34)
3. **Lehigh - 73 (5, 8, 12, 21, 27, 44, 46)** Avg. Time - 22:39
4. Delaware - 104 (15, 17, 18, 26, 28, 31, 32)
5. West Chester - 114 (6, 14, 22, 35, 37, 45, 50)
6. La Salle - 140 (23, 24, 25, 30, 38, 39, 40)
7. Moravian - 190 (29, 33, 36, 41, 51, 52, 53)
8. Muhlenberg - 208 (7, 42, 48, 55, 56, 59, 62)
9. NJIT - 274 (47, 49, 57, 60, 61, 63, 64)
10. Fairleigh Dickinson - 286 (43, 54, 58, 65, 66, 67, 68)

Lehigh	Team Place	Overall Place	Time
Stacie Nadel	1	5	22:04.08
Hannah Knudsen	2	8	22:12.41
Diana Hammerstone	3	12	22:32.40
Jenn Mickens	4	21	23:08.40
Elyse Barkstrom	5	27	23:16.22
Jennifer Burke	6	48	23:58.47
Erin Tressler	7	50	24:07.05
Ginger Pojednic	8	52	24:14.73
Sydney Brannon	9	65	25:02.68

Lehigh Invitational - Goodman Campus Sept. 8

Team Scores (30 finishers):

1. **Lehigh - 15 (1, 2, 3, 4, 5, 6, 7)** Avg. Time - 22:07
2. Lafayette - 50 (8, 9, 10, 11, 12, 13, 14)

Lehigh	Team Place	Overall Place	Time
Maura Henderson	1	1	21:35.05
Hannah Bonaguidi	2	2	22:03.28
Diana Hammerstone	3	3	22:14.69
Stephanie Hayes	4	4	22:19.92
Ashleigh Crawford	5	5	22:22.05
Stacie Nadel	6	6	22:25.54
Hannah Knudsen	7	7	22:45.03
Elyse Barkstrom	8	10	23:05.56
Jenn Mickens	9	16	23:50.48
Ginger Pojednic	10	18	23:55.61
Grace Eckstein	11	20	24:06.81
Kara Bonner	12	21	24:07.05
Jennifer Burke	13	26	24:35.88
Giavanna Tabbachino	14	29	25:02.02



LEHIGH WOMEN'S CROSS COUNTRY

2017 TEAM RESULTS (FINAL)

Coast-to-Coast Battle in Beantown - Boston, Mass. Sept. 22

OVERALL

Team Scores (188 finishers):

1. Providence - 71
2. Indiana - 78
3. Georgetown - 78
4. Dartmouth - 132
5. Cornell - 143
6. Syracuse - 163
7. New Hampshire - 241
8. Brown - 266
9. Harvard - 271
10. Boston College - 321
11. UMass Lowell - 321
12. Vermont - 359
13. Illinois - 362
14. UAB - 363
15. UMass Amherst - 371
16. **Lehigh - 429 (35, 56, 85, 121, 132, 135, 137) Avg. Time - 18:45**
17. Albany - 447
18. Rhode Island - 504
19. Rutgers - 520
20. Boston U. - 578
21. Maine - 646
22. Northeastern - 672

Lehigh	Team Place	Overall Place	Time
Maura Henderson	1	35	18:00.5
Stacie Nadel	2	57	18:23.9
Ashleigh Crawford	3	89	18:44.7
Hannah Knudsen	4	137	19:16.5
Jenn Mickens	5	150	19:23.2
Elyse Barkstrom	6	153	19:30.4
Laura Barnes	7	156	19:31.4
Ginger Pojednic	8	177	20:19.5

Paul Short Run - Bethlehem, Pa.

Sept. 29

Team Scores (Gold Race - 42 Teams) (369 finishers):

1. Utah State - 72
2. Villanova - 115
3. Georgia - 121
4. Queen's University - 226
5. Princeton - 232
6. Cornell - 246
7. Duke - 285
8. Arizona - 314
9. Penn - 320
10. Adams State - 331
11. Georgia Tech - 374
12. Mississippi State - 392
13. Johns Hopkins - 409
14. Wake Forest - 411
15. Richmond - 448
16. Connecticut - 458
17. **Lehigh - 565 (52, 88, 132, 145, 148, 174, 205) Avg. Time - 21:21**
18. Iona - 571
19. Buffalo - 592
20. Maryland - 614

Lehigh	Team Place	Overall Place	Time
Maura Henderson	1	52 of 369	20:51.5
Hannah Bonaguidi	2	88 of 369	21:08.6
Ashleigh Crawford	3	137 of 369	21:31.2
Stacie Nadel	4	155 of 369	21:38.3
Stephanie Hayes	5	158 of 369	21:40.4
Laura Barnes	6	187 of 369	21:52.1
Diana Hammerstone	7	226 of 369	22:14.9
Hannah Knudsen	8	251 of 369	22:25.2
Jenn Mickens	9	287 of 369	22:47.6



LEHIGH WOMEN'S CROSS COUNTRY

2017 TEAM RESULTS (FINAL)

Penn State National Open - University Park, Pa. Oct. 13

OVERALL

Team Scores (178 finishers):

1. Penn State - 44
2. Villanova - 62
3. Dartmouth - 122
4. Princeton - 125
5. Cornell - 162
6. Oklahoma State - 179
7. James Madison - 207
8. West Virginia - 211
9. North Carolina - 233
10. Bucknell - 252
11. Buffalo - 276
12. William and Mary - 290
13. Akron - 371
14. **Lehigh - 382 (62, 77, 79, 80, 84, 95, 100) Avg. Time - 22:03**
15. UC Davis - 410
16. Kent State - 458
17. Loyola (Md.) - 558

Lehigh	Team Place	Overall Place	Time
Stacie Nadel	1	65	21:42.6
Hannah Bonaguidi	2	88	22:02.3
Stephanie Hayes	3	92	22:07.5
Ashleigh Crawford	4	94	22:09.7
Diana Hammerstone	5	100	22:15.3
Maura Henderson	6	123	22:33.8
Elyse Barkstrom	7	131	22:40.2
Laura Barnes	8	143	23:04.6
Hannah Knudsen	9	152	23:16.5
Grace Eckstein	10	169	24:23.3
Jenn Mickens	11	172	24:33.7

Leopard Invitational - Easton, Pa. Oct. 14

OVERALL

Team Scores (47 finishers):

1. Bucknell - 22
2. Lafayette - 46
3. St. Joseph's (Pa.) - 90
4. Juniata - 95
5. Lehigh - No Team Score

Lehigh	Team Place	Overall Place	Time
Sydney Brannon	1	10	24:36.78
Ginger Pojednic	2	13	24:47.36
Erin Tressler	3	18	25:12.04
Jennifer Burke	4	31	25:41.80



LEHIGH WOMEN'S CROSS COUNTRY

2017 TEAM RESULTS (FINAL)

Patriot League Championships - Goodman Campus Oct. 28

Team Scores (109 finishers):

1. Bucknell - 58 (1, 3, 13, 17, 24, 31, 33)
2. Army West Point - 79 (2, 7, 22, 23, 25, 28, 30)
3. Navy - 88 (6, 10, 11, 26, 35, 40, 41)
4. **Lehigh - 105 (8,15, 18, 21, 43, 44, 45) Avg. Time - 22:01**
5. Holy Cross - 119 (5, 12, 14, 42, 46, 50, 55)
6. American - 125 (4, 16, 20, 37, 48, 57, 61)
7. Boston U. - 152 (19, 27, 32, 36, 38, 39, 49)
8. Loyola (Md.) - 240 (9, 52, 54, 62, 63, 65, 66)
9. Lafayette - 241 (34, 47, 51, 53, 56, 58, 59)
10. Colgate - 288 (29, 60, 64, 67, 68, 69, 70)

Lehigh	Team Place	Overall Place	Time
Maura Henderson	1	8	21:36.7
Stacie Nadel	2	15	21:55.4
Ashleigh Crawford	3	18	21:59.3
Hannah Bonaguidi	4	21	22:03.6
Diana Hammerstone	5	45	22:34.9
Stephanie Hayes	6	46	22:36.7
Jenn Mickens	7	48	22:39.8
Elyse Barkstrom	8	58	22:57.4
Hannah Knudsen	9	75	23:35.1
Sydney Brannon	10	77	23:42.3
Laura Barnes	11	81	23:51.7
Grace Eckstein	12	86	24:01.1

NCAA Mid-Atlantic Regional - Goodman Campus Nov. 10

Team Scores (193 finishers):

1. Penn State - 31
2. Villanova - 60
3. Georgetown - 109
4. Princeton - 123
5. Pittsburgh - 162
6. Penn - 188
7. West Virginia - 214
8. Bucknell - 217
9. Maryland - 239
10. Temple - 248
11. Duquesne - 369
12. Navy - 388
13. St. Joseph's (Pa.) - 423
14. **Lehigh - 433 (60, 84, 90, 94, 105, 109, 116) Avg. Time - 21:55**
15. American - 457
16. La Salle - 460
17. Delaware - 492
18. George Washington - 517
19. Rutgers - 549
20. Monmouth - 588
21. Saint Francis (Pa.) - 589
22. Lafayette - 659
23. Loyola (Md.) - 62
24. Towson - 671
25. Seton Hall - 721
26. Rider - 742
27. Marshall - 789
28. NJIT - 937

Lehigh	Team Place	Overall Place	Time
Maura Henderson	1	60	21:30.8
Stacie Nadel	2	84	21:50.8
Ashleigh Crawford	3	90	22:00.9
Hannah Bonaguidi	4	94	22:04.2
Diana Hammerstone	5	105	22:11.2
Stephanie Hayes	6	109	22:14.2
Jenn Mickens	7	116	22:19.7



LEHIGH WOMEN'S CROSS COUNTRY

2017 INDIVIDUAL RESULTS (FINAL)

ELYSE BARKSTROM

Meet	Overall Place (Team)	Time
Lehigh Invitational	27 of 94 (5)	23:16.22
Lehigh-Lafayette Dual Meet	10 of 30 (8)	23:05.56
Coast-to-Coast Battle in Beantown	153 of 188 (6)	19:30.4
Penn State National Open	131 of 178 (7)	22:40.2
Patriot League Championships	58 of 109 (8)	22:57.4

LAURA BARNES

Meet	Overall Place (Team)	Time
Coast-to-Coast Battle in Beantown	156 of 188 (7)	19:31.4
Paul Short Run (Gold)	187 of 369 (6)	21:52.1
Penn State National Open	143 of 178 (8)	23:04.6
Patriot League Championships	81 of 109 (11)	23:51.7

HANNAH BONAGUIDI

Meet	Overall Place (Team)	Time
Lehigh-Lafayette Dual Meet	2 of 30 (2)	22:03.28
Paul Short Run (Gold)	88 of 369 (2)	21:08.6
Penn State National Open	88 of 178 (2)	22:02.3
Patriot League Championships	21 of 109 (4)	22:03.6
NCAA Mid-Atlantic Regional	94 of 193 (4)	22:04.2

KARA BONNER

Meet	Overall Place (Team)	Time
Lehigh-Lafayette Dual Meet	21 of 30 (12)	24:07.05

SYDNEY BRANNON

Meet	Overall Place (Team)	Time
Lehigh Invitational	65 of 94 (9)	25:02.68
Leopard Invitational	10 of 47 (1)	24:36.78
Patriot League Championships	77 of 109 (10)	23:42.3

JENNIFER BURKE

Meet	Overall Place (Team)	Time
Lehigh Invitational	48 of 94 (6)	23:58.47
Lehigh-Lafayette Dual Meet	26 of 30 (13)	24:35.88
Paul Short Run (Open)	148 of 262	24:26.7
Leopard Invitational	31 of 47 (4)	25:41.80

ASHLEIGH CRAWFORD

Meet	Overall Place (Team)	Time
Lehigh-Lafayette Dual Meet	5 of 30 (5)	22:22.05
Coast-to-Coast Battle in Beantown	89 of 188 (3)	18:44.7
Paul Short Run (Gold)	137 of 369 (3)	21:31.2
Penn State National Open	94 of 178 (4)	22:09.7
Patriot League Championships	18 of 109 (3)	21:59.3
NCAA Mid-Atlantic Regional	90 of 193 (3)	22:00.9

GRACE ECKSTEIN

Meet	Overall Place (Team)	Time
Lehigh-Lafayette Dual Meet	20 of 30 (11)	24:06.81
Paul Short Run (Open)	97 of 262	23:27.3
Penn State National Open	169 of 178 (10)	24:23.3
Patriot League Championships	86 of 109 (12)	24:01.1

DIANA HAMMERSTONE

Meet	Overall Place (Team)	Time
Lehigh Invitational	12 of 94 (3)	22:32.40
Lehigh-Lafayette Dual Meet	3 of 30 (3)	22:14.69
Paul Short Run (Gold)	226 of 369 (7)	22:14.9
Penn State National Open	100 of 178 (5)	22:15.3
Patriot League Championships	45 of 109 (5)	22:34.9
NCAA Mid-Atlantic Regional	105 of 193 (5)	22:11.2

LEXI HARRIS

Meet	Overall Place (Team)	Time
Did Not Compete		

STEPHANIE HAYES

Meet	Overall Place (Team)	Time
Lehigh-Lafayette Dual Meet	4 of 30 (4)	22:19.92
Paul Short Run (Gold)	158 of 369 (5)	21:40.4
Penn State National Open	92 of 178 (3)	22:07.5
Patriot League Championships	46 of 109 (6)	22:36.7
NCAA Mid-Atlantic Regional	109 of 193 (6)	22:14.2

MAURA HENDERSON

Meet	Overall Place (Team)	Time
Lehigh-Lafayette Dual Meet	1 of 30 (1)	21:35.05
Coast-to-Coast Battle in Beantown	35 of 188 (1)	18:00.5
Paul Short Run (Gold)	52 of 369 (1)	20:51.5
Penn State National Open	123 of 178 (6)	22:33.8
Patriot League Championships	8 of 109 (1)	21:36.7
NCAA Mid-Atlantic Regional	60 of 193 (1)	21:30.8



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HANNAH KNUDSEN

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Lehigh Invitational	8 of 94 (2)	22:12.41
Lehigh-Lafayette Dual Meet	7 of 30 (7)	22:45.03
Coast-to-Coast Battle in Beantown	137 of 188 (4)	19:16.5
Paul Short Run (Gold)	251 of 369 (8)	22:25.2
Penn State National Open	152 of 178 (9)	23:16.5
Patriot League Championships	75 of 109 (9)	23:35.1

JENN MICKENS

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Lehigh Invitational	21 of 94 (4)	23:08.40
Lehigh-Lafayette Dual Meet	16 of 30 (9)	23:50.48
Coast-to-Coast Battle in Beantown	150 of 188 (5)	19:23.2
Paul Short Run (Gold)	287 of 369 (9)	22:47.6
Penn State National Open	172 of 178 (11)	24:33.7
Patriot League Championships	48 of 109 (7)	22:39.8
NCAA Mid-Atlantic Regional	116 of 193 (7)	22:19.7

STACIE NADEL

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Lehigh Invitational	5 of 94 (1)	22:04.08
Lehigh-Lafayette Dual Meet	6 of 30 (6)	22:25.54
Coast-to-Coast Battle in Beantown	57 of 188 (2)	18:23.9
Paul Short Run (Gold)	155 of 369 (4)	21:38.3
Penn State National Open	65 of 178 (1)	21:42.6
Patriot League Championships	15 of 109 (2)	21:55.4
NCAA Mid-Atlantic Regional	84 of 193 (2)	21:50.8

GINGER POJEDNIC

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Lehigh Invitational	52 of 94 (8)	24:14.73
Lehigh-Lafayette Dual Meet	18 of 30 (10)	23:55.61
Coast-to-Coast Battle in Beantown	177 of 188 (8)	20:19.5
Paul Short Run (Open)	104 of 262	23:32.9
Leopard Invitational	13 of 47 (2)	24:47.36

SUSIE POORE

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Did Not Compete		

GIAVANNA TABBACHINO

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Lehigh-Lafayette Dual Meet	29 of 30 (14)	25:02.02

ASHLEIGH THURSTON

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Did Not Compete		

ERIN TRESSLER

<u>Meet</u>	<u>Overall Place (Team)</u>	<u>Time</u>
Lehigh Invitational	50 of 94 (7)	24:07.05
Leopard Invitational	18 of 47 (3)	25:12.04